

IOWA

Undergraduate Student Government

UNIVERSITY OF IOWA UNDERGRADUATE STUDENT GOVERNMENT

March 23th, 2023

Student Senate Session

S.S.R. #Keep blank, will be inserted by Speaker/Pro Temp

Sponsors: Senator Eckard, Senator Mungara

Referred to: Health and Safety Committee

Student Senate Action: Passed/Failed/Tabled

A RESOLUTION

Regarding USG, GPSG, Faculty Senate, and Staff Council's support of all University of Iowa faculty and staff participating in Kognito mental health training to be equipped with the skills and knowledge necessary to handle a student mental health crisis.

Section 1. Short Title

This resolution may be cited as a "Joint Resolution for the University of Iowa Staff and Faculty participating in Kognito Training".

Section 2. Background and Discussion

Whereas, faculty and staff feel underprepared to properly support students experiencing mental health struggles or crises. Participating in the Kognito program would provide faculty and staff with the skillset necessary to partake in interactions between themselves and students. This would benefit faculty and staff because they will feel better prepared to help students on campus when they are in need. Students also benefit from this because they are receiving support from trusted individuals with training.

Whereas, less than 3% of faculty participated in the Kognito training during the Spring 2022 semester which is less than 400 faculty members. # OF FACULTY. Seeing as all incoming freshmen and transfer students must participate in Kognito through the Success at Iowa course, faculty and staff should be encouraged to complete the training. This creates a shared understanding across the University of Iowa campus and promotes unity at all levels.

Whereas, Students often may reach out to faculty and staff for support due to the lack of mental health resources on campus. However, faculty and staff may not be equipped with the resources or knowledge to support students. Kognito can help to address this.

Whereas, Kognito has been proven to have high success rates with students through Success at Iowa. Students who were polled three months after participating in the training reported that they gained useful skills. Therefore, Kognito would benefit faculty and staff in dealing with mental health crises and suicide prevention with students.

Section 3. Action

Resolved, all faculty and staff should be encouraged to participate in Kognito mental health training in order to support students on campus.

Therefore be it resolved, USG, GPSG, Faculty Senate, and Staff Council encourage all staff and faculty to participate in Kognito training to increase unity on campus and as a result better support students in need.

Section 4. Enactment Clause

Be it enacted by the Undergraduate Student Government upon the signature of the USG President.

_____, **Speaker of the Senate**
Alexis Carfrae

I hereby attest and certify that this resolution originated from the 2022-2023 Student Senate Session.

APPROVED on _____, by

_____, **USG President**
Patrick Johnson