UI Staff Council Wednesday, September 11, 2024 2:30-4:30 pm 1117 UCC

Present

Kellie Digmann, Neda Barrett, Amanda Bibb, Maria Bruno, Brad Carson, Brett Cloyd, Monica Dreyer Rossi, Shawn Eyestone, Michael Fletcher, Hunter Floyd, Glen Fuhrmeister, Brittany Grabe, Anne Hinkle, Michele Hogue, Erika Holm-Brown, Griffin Idleman, Jordan Immerfall, Makur Jain, Molly James, Hilary Jensen, James Jorris, Lindsy Lansberry, Ann Lawler, Shuhui Lin, Sarah Livesay, Cathy McGinnis, Sam Mitchell, Brian Morelli, Evans Ochola, Jamie O'Meara, Tammy Paulus, Ashley Peters, Mel Sanders, Eric Schnedler, Teri Schnelle, Tony Senio, David Stenersen, Sara Sullivan, Kathleen Tandy, Bridget Toomey, Santhana Velupillai, Heath Vignes, Adam Walsh, Jessica Welter, Casey Westlake, Jennifer Yoder

Not Present

Marie Adams, Jerusalem Alleyne, Josey Bathke, Amir Bozorgzadeh, Nima Chaudhary, Richard Dvorsky, David Hartley, Veronica LynnLee, Sam Patel, Alex Paternostro, Vickie Roesner, Kayla Rojas, Rubia Ruiz, Donna Wong-Gibbons

Administrative Liaisons

Kellie Digmann

Guests

Denise Jamieson, Cheryl Reardon, Barry Schreier, Bronwyn Threlkeld-Wiegand

Minutes

The August Staff Council Minutes were approved.

Meeting

President Makur Jain welcomed everyone to the September UI Staff Council (UISC) meeting. She reviewed the meeting protocols. Morelli motioned and Eyestone seconded approval of the August minutes. The minutes were approved. Jain reviewed the meeting agenda. The meeting was closed with only Staff Councilors in attendance.

Health Care Update by Dr. Denise Jamieson, VP for Medical Affairs & Dean, Carver College of Medicine

Dr. Jamieson provided an overview and update of UI Health Care. She has recently completed her first year in the position and has enjoyed meeting people and understanding the health care needs of lowans. During her presentation, she introduced her leadership team, and talked about the work of integrating UI Health Care Medical Center Downtown (formerly Mercy Hospital) and opening the North Liberty campus next summer. There is a need to grow to meet the health care needs in the state. Access for rural health care is a particularly acute challenge. Over 3,000 people were turned away for health care and this needs to improve. She talked about the Research, Education, and Clinical Care performed by UI Health Care and shared stories about patients who have received care. UI Health Care is expanding on campus, too. A new in-patient tower is being built that will

cause disruption for several years but is important for patient care. Staff were encouraged to contact UI Benefits office if they are having trouble scheduling a timely appointment for their care.

Mental Health Services and RUOK Introduction by Bronwyn Threlkeld-Wiegand, Director UI Employee Assistance Program (EAP)

The new <u>Well-being At lowa</u> web site has launched. The <u>Resource Guide for Responding to Distress</u> is featured on the site and everyone is encouraged to review the content. The Peer Support tab is also live. Threlkeld-Wiegand shared the <u>RUOK?</u> Peer support curriculum that was developed in Australia. EAP has piloted this program over the summer with several units. If you would like this introduced to your work group, please contact <u>eaphelp@uiowa.edu</u>. The goal is to increase caring and compassion in the workplace by feeling comfortable to check in with your co-workers. The four steps are ask, listen, encourage action, and check-in.

Mental Health Update by Dr. Barry Schreier, Scanlan Center

Schreier gave an update on the programs and training the Center has been providing across the state, especially outreach to community colleges and private colleges. He has conducted "The lowa Survey" with almost 2,300 respondents. More than 38% would like more professional development to help support student, staff, and faculty mental health on their campuses. Schreier emphasized sharing "snackable" sized information sources, including short videos. Kognito online training is still available for distress intervention and suicide prevention. The Center offers a popular, 75-minute Workshop and an 8-hour Master Class focused on "Working with Students in Distress" and both are available for campus units to schedule in their workplaces. Contact Dr. Schreier at <u>barry-schreier@uiowa.edu</u>.

Community Outreach Committee Updates

Hinkle described recent volunteer activities where Staff Council members participated.

- 98.1 KHAK Radiothon for Children's Miracle Network
- Iowa State Fair
- On Iowa

Upcoming opportunities - sign-up

- Holiday caroling. Contact Hinkle or James to sign-up
- Shelter House BBQ Bash
- Hope Walk for suicide prevention

Record your volunteer hours

Since June 1, 20204, 20 councilors have volunteered 152 hours of service.

Adjournment

Motion to adjourn the meeting was made by Mitchell and seconded by Cloyd

Jain adjourned the meeting at 4:33 pm

Next Meeting

Wednesday, October 9, 2024 2:30-4:30 pm UCC2520-D and via Zoom