
Food Pantry Overview and Fall Campaign

Steph Beecher

Basic Needs and Care Coordinator • Dean Students



FY2016

12,744 LBS Distributed

1,171 Clients Served

Steph Beecher

Basic Needs
Coordinator

FOOD PANTRY

FY2016

12,744 LBS Distributed

1,171 Clients Served

FY2023

117,536 LBS Distributed

10,179 Clients Served



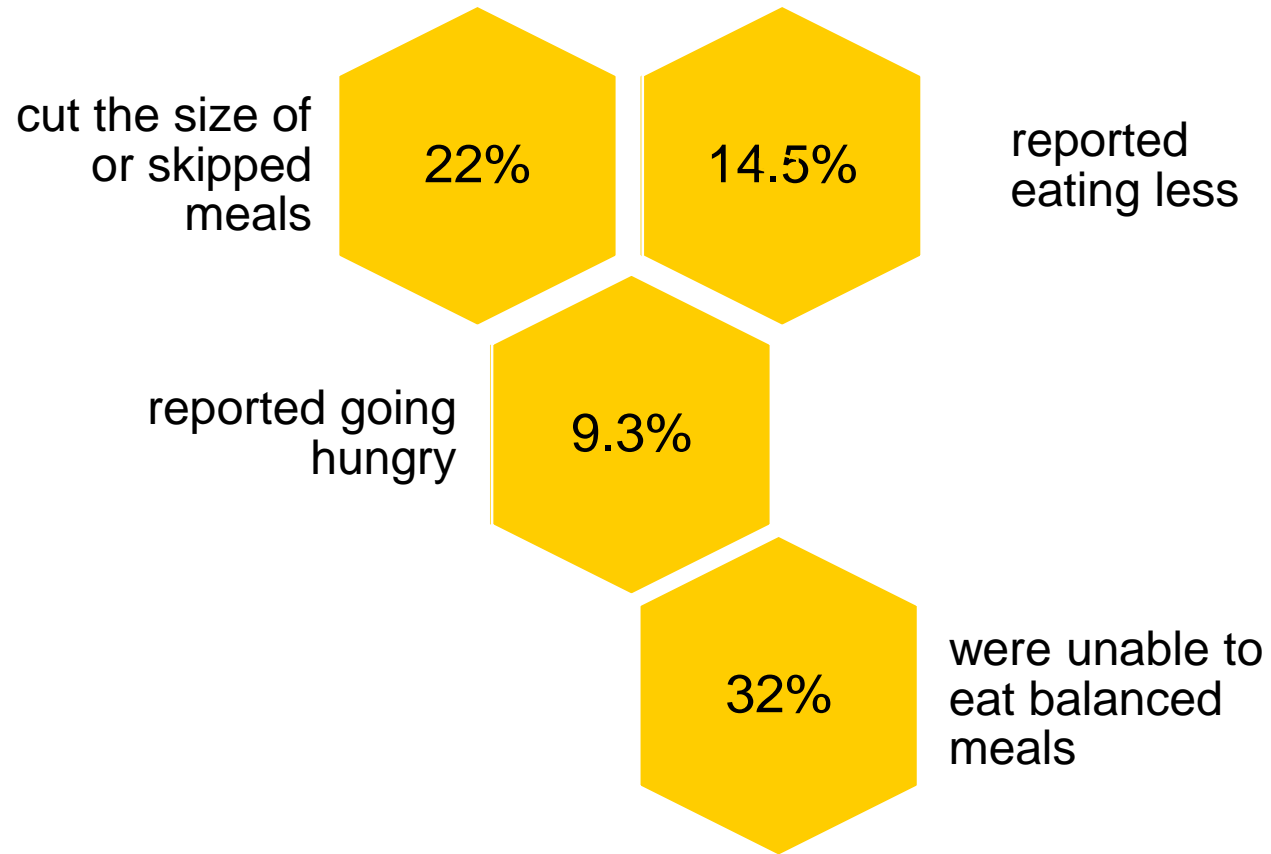
FOOD INSECURITY

food in·se·cu·ri·ty), n.

Food insecurity is the limited or uncertain availability of nutritionally adequate and safe foods, culturally relevant foods, or the ability to acquire such foods in a socially acceptable manner. The most extreme form is often accompanied with physiological sensations of hunger.

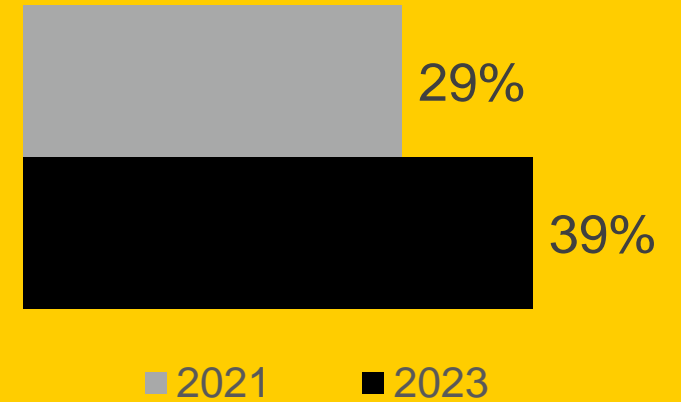


FOOD SECURITY

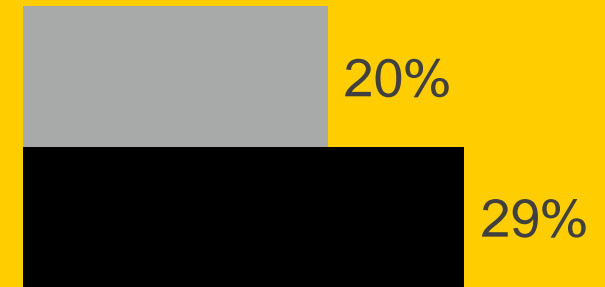


Food Security* (USDA Food Security Index)

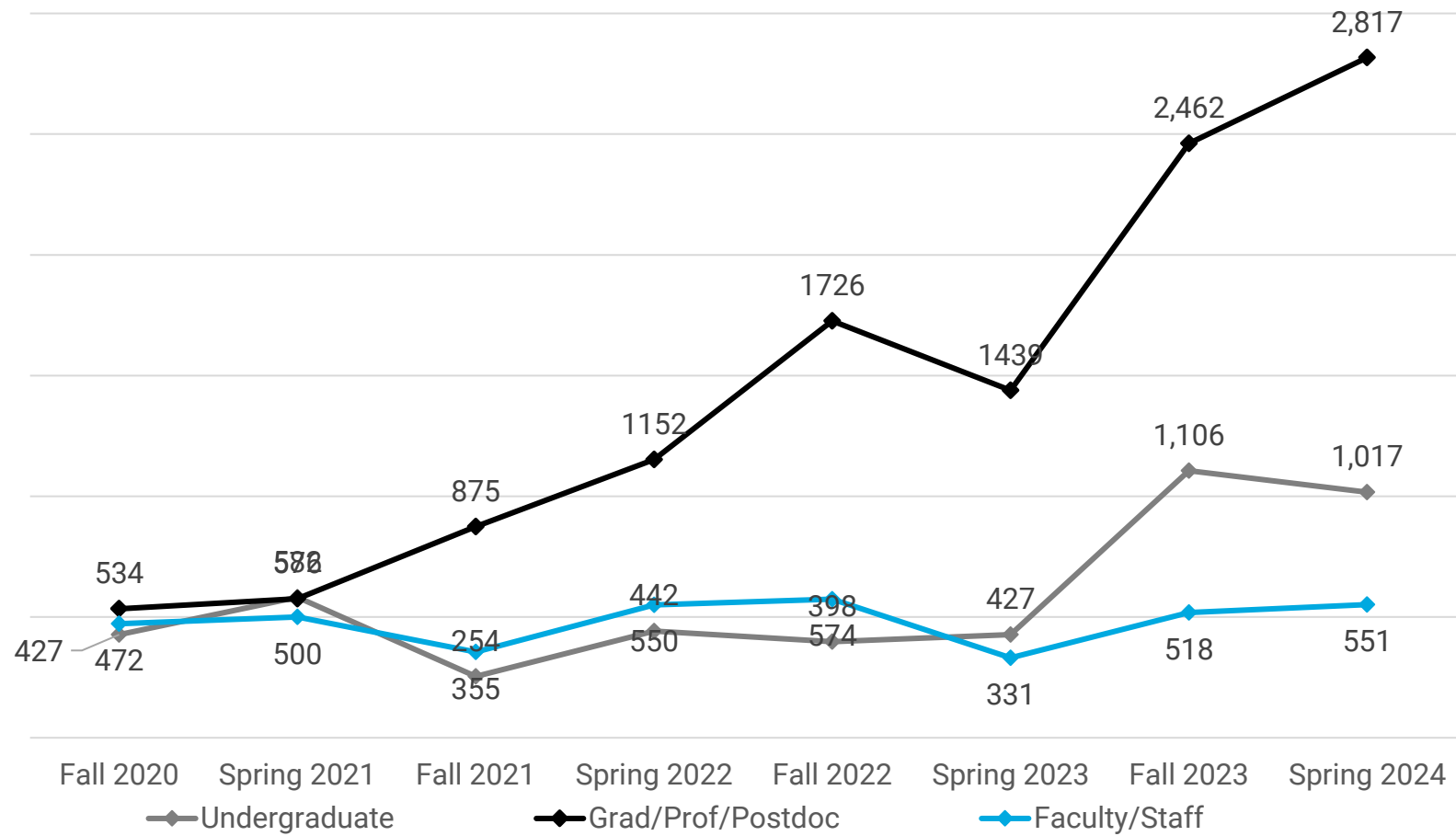
UNDERGRADUATE STUDENTS



GRADUATE STUDENTS



TOTAL VISITS



10,179

NUMBER OF VISITS

6,649 | FY 2022

4,528 | FY 2021

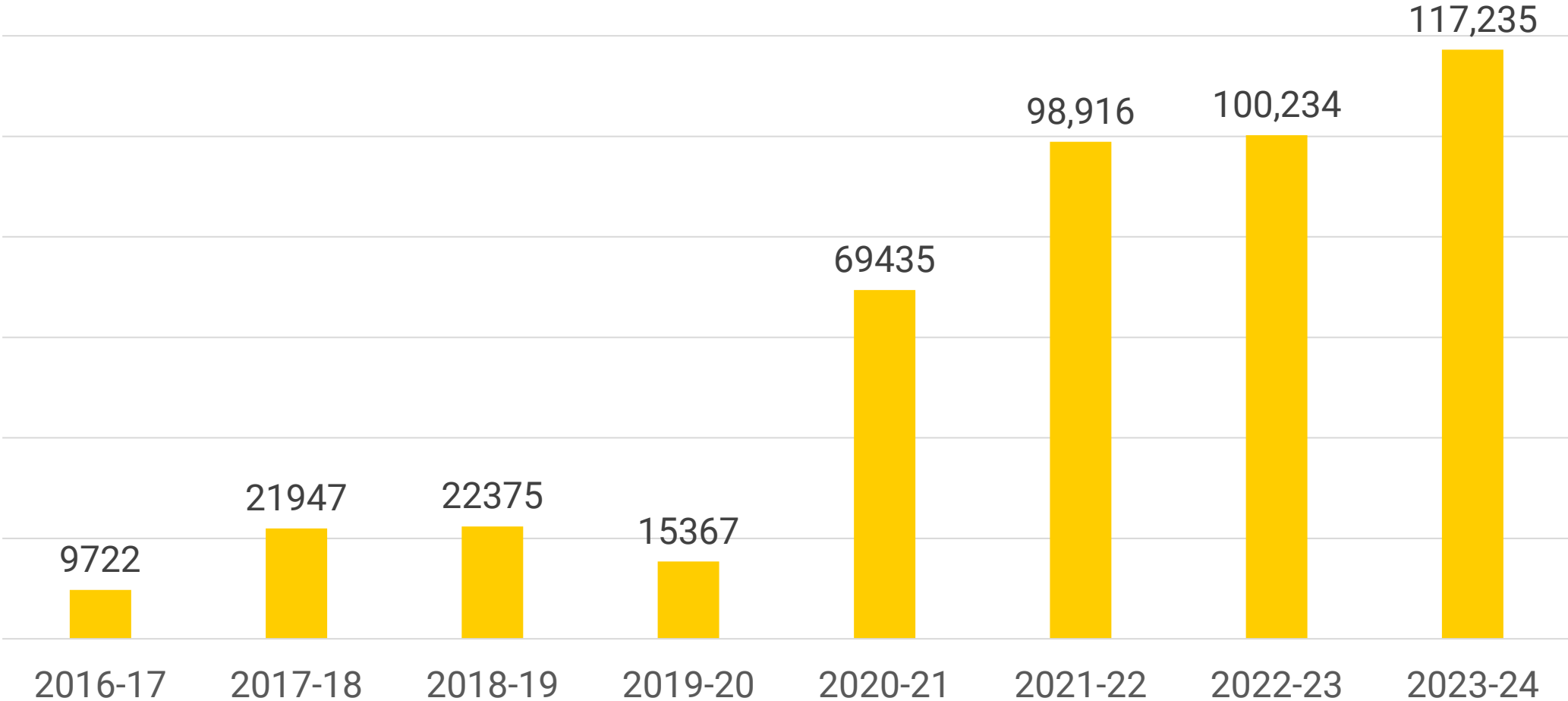
4,247 | FY 2020

48% STUDENTS
INTERNATIONAL

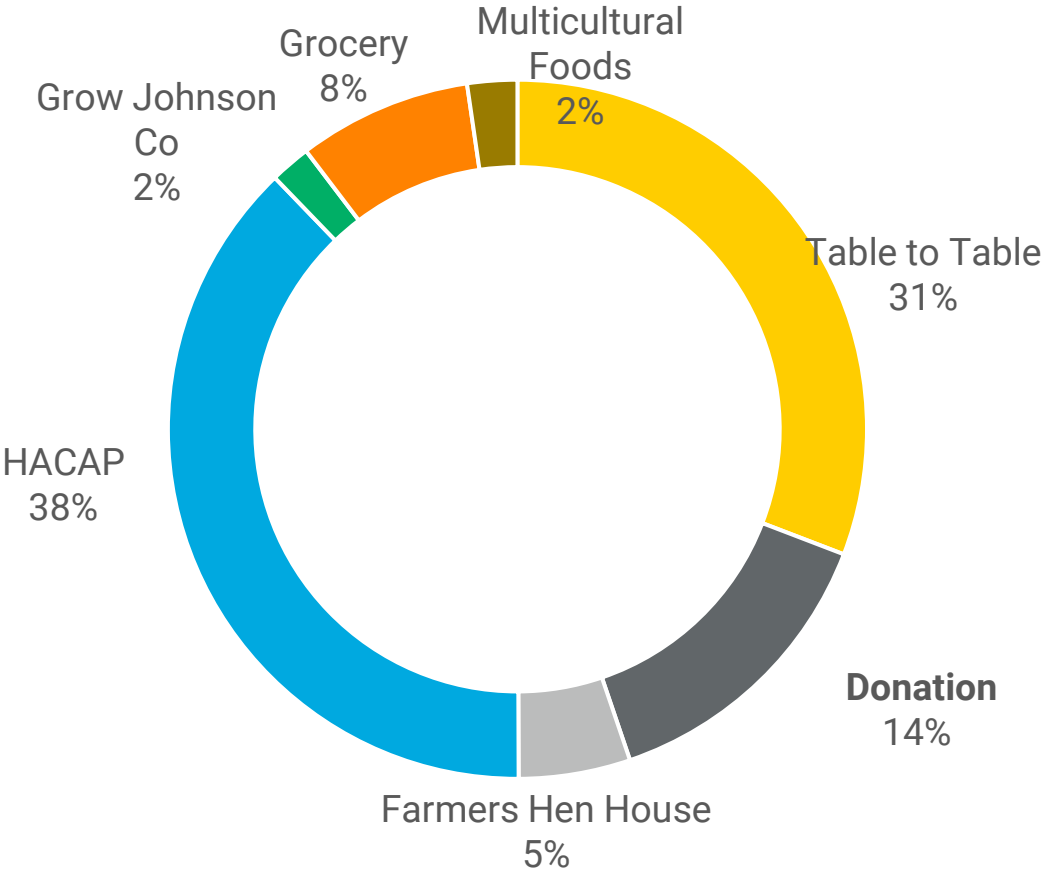
31% UNDERGRADS
1st GENERATION STUDENTS

2.3 PEOPLE
AVERAGE HOUSEHOLD SIZE

POUNDS OF FOOD DISTRIBUTED



FOOD SOURCES



STATISTICS

4 VISITS

AVE VISITS PER PERSON

Undergrad: 3

Graduate: 10

Faculty/Staff: 10

2.6 people

HOUSEHOLD SIZE

Undergrad: 2.3

Graduate: 2.3

Faculty/Staff: 3.5

FACULTY/STAFF

Merit: 65%

P&S: 30%

Faculty: 2.5%

31%

FIRST GENERATION

48%

INTERNATIONAL

COMMON TRENDS ACROSS CULTURES

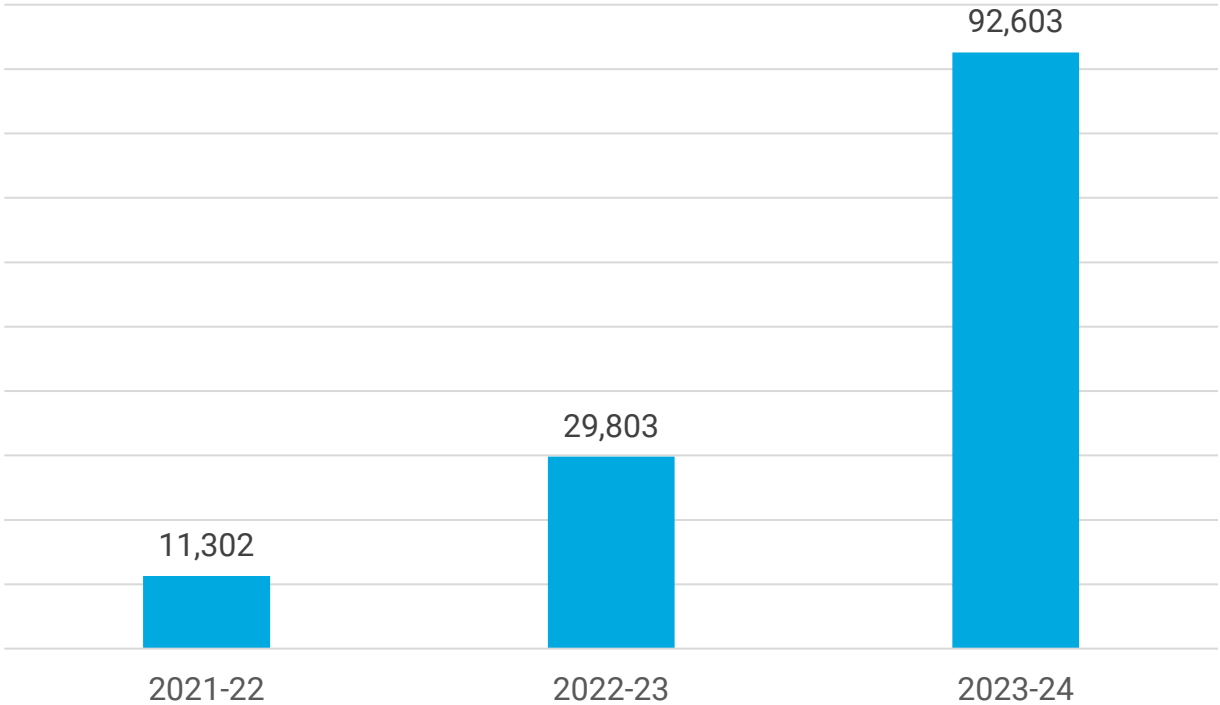
- **Focus on fresh produce.** The number one requested food category is fresh produce.
- **Avoid canned foods** (in most cases). Many immigrant families may not have had canned foods in their home country and therefore consider them unhealthy.
- **Provide whole foods.** An example of a whole food would be offering a fresh tomato instead of a pasta sauce. By offering whole ingredients, it provides more flexibility on how that item can be used or seasoned.
- **Holidays may change food preferences.** To be culturally responsive, it is important to understand the calendar for cultural holidays. A seasonal or religious holiday may change what foods are used and the quantity needed. A western example would be serving turkey for Thanksgiving. Please see our Holiday Calendar resource for more information.

BARRIERS

- **Funding** Largely supported by undergraduate fees - USG
- **Seasonal influxes** Summertime
- **Food drives** Perishable items are hard to keep fresh

HAWKEYE MEALSHARE

— TOTAL MEALS DISTRIBUTED

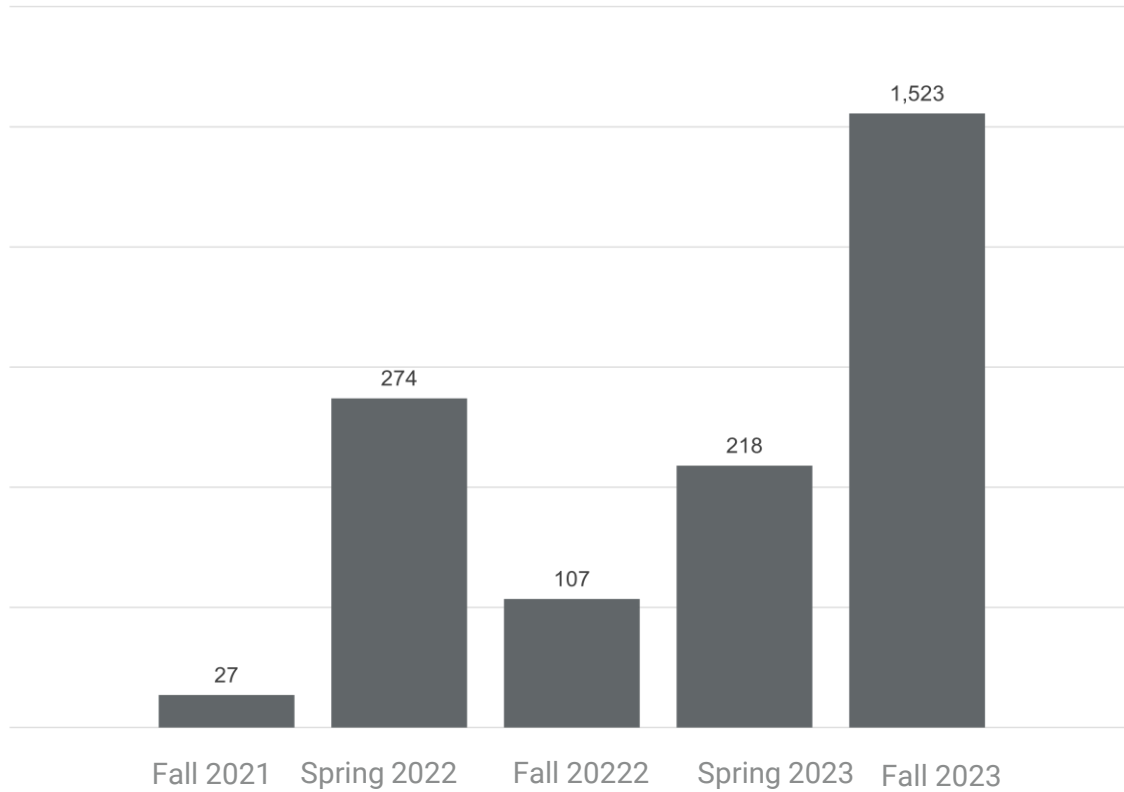


TOP BARRIERS TO ACCESSING FOOD

1. Healthy food is too expensive
2. Don't have time to prepare food – heavy workloads/busy schedules
3. Insufficient funds (mostly due to increase cost of living)
4. Lack of employment/low paying job (mostly graduate students)
5. Living off-campus

THE CLOTHING CLOSET

— TOTAL ITEMS DISTRIBUTED



Clothing Closet

at Iowa | Free Professional Attire



IOWA

Make a difference in Food Insecurity on UI Campus!

Calls to Action:

- **Donate**

- Everything helps make a difference supporting our UI Community
- Donations include Amazon Purchase, Food Donation, or Financial Support

- **Volunteer**

- Sign-up Genius available to get involved in supporting Food Pantry Service

- **Share with your Team/Connections**

- People can't support the UI Food Pantry if they don't know!



Donate Today!



Thank you!

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Erin Litton

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