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# *Upcoming Volunteer Events*

**Visit our website for more information, including links to sign up and volunteer.**

<https://staff-council.uiowa.edu/volunteerism>

# 28TH ANNUAL SOUPER BOWL



5-7:30 PM  
THURSDAY, FEBRUARY 20TH  
HIGHLANDER HOTEL

Here's an opportunity to volunteer with a great community event coming in 2025: The 28<sup>th</sup> Annual DVIP Souper Bowl! This event is a huge fundraiser for the Domestic Violence Intervention Program and the Rape Victim Advocacy Program.

The event will be held on Thursday, February 20, 2025 at the Highlander Hotel (2525 Highlander Place in Iowa City – off of I-80 at the North Dodge Exit). Volunteers will be needed the day of the event to set up, serve, and clean up. There is also some need the day before the event and a week prior to that to work with local restaurants on getting the soups.

Please sign up at the following link:  
<https://www.signupgenius.com/go/10C0F44AEAD2FABFEC E9-53540783-dvip#/>

# SHELTER HOUSE BOOK SALE

860 Quarry Road, Coralville  
Saturday, March 8 and Sunday, March 9  
10:30 am - 4:00 pm

The Community Outreach Committee has another great volunteer opportunity partnering with Shelter House for their annual book sale (<https://shelterhouseiowa.org/book-sale/>) which will take place on Saturday/Sunday March 8<sup>th</sup> - 9<sup>th</sup>. Anyone interested in helping with this event can volunteer starting Thursday, January 30<sup>th</sup> all the way up to and including the event in March, check out the details below and sign up for a shift (or two 😊)!

**What:** [Shelter House Book Sale](#)

**When:** Saturday, March 8<sup>th</sup> and Sunday, March 9<sup>th</sup>; volunteer help will also be needed each Monday, Wednesday, Saturday, and Sunday leading up to the event

**Where:** Old Antique Car Museum of Iowa on [860 Quarry Road in Coralville](#)

**How to Volunteer:** Sign up here <https://bit.ly/booksale2025>. Volunteer support is vital to making the event a great success, with hundreds of open slots available at various times, volunteering can be convenient with your schedule; your help makes a huge difference. The first shift will be **Thursday, January 30<sup>th</sup>** when donation collection begins, Shelter House will be receiving donations of thousands of books, music, movies, and more; shifts will continue every Monday, Wednesday, and Saturday ranging from 2 to 4 hours depending on your availability. Volunteers will sort through donations and place them in categories to make them easily accessible.



### 3rd Annual Staff Council Donation Drive for the Food Pantry!

The **University of Iowa Staff Council (UISC)** is excited to host our **3rd annual donation drive for The Food Pantry at Iowa** from **March 1 – March 26!** This year, we're aiming to surpass our record collections from the past two years—**600 lbs. in 2024** and **627.13 lbs. in 2023.**

#### → How You Can Help:

Please consider donating **toiletries, hygiene products, baby-related items, and non-perishable food** at one of our many **drop-off locations across campus.**

📅 **When:** March 1 – March 26

Let's come together to make a difference—every donation counts!



### UISC Volunteers at the Spring Classic – March 15, 2025!

UISC volunteers will be **supporting the Spring Classic on March 15, 2025!**

This event features **competitions in basketball, basketball skills, cheerleading, gymnastics, and powerlifting.**

#### Volunteer Roles Include:

- Event set-up
- Registration assistance
- Supporting athletes

**Want to volunteer?** Sign up here: [Volunteer Registration Link](#)

Join us in making this a great event for the athletes!



**Lastascia Coleman**  
Clinical Assistant Professor  
Certified Nurse-Midwife  
Obstetrics and Gynecology



SAVE THE DATE

Wednesday, April 2, 2025  
3:30 p.m. – 5:00 p.m.  
University of Iowa Center for Advancement,  
Fourth Floor Assembly Halls  
One West Park Road, Iowa City, IA 52242



Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact Aubra M. King in advance at 319-462-3104.

We are pleased to announce the [2025 Celebration of Excellence and Achievement Among Women](#)! This annual tribute to the accomplishments of all women at the University of Iowa will be held on **Wednesday April 2, 2025**, at the [University of Iowa Center for Advancement](#).

There will be time for networking from 3:30 – 4 pm, with award winners being honored from 4 – 5 pm. More details about the events and nomination process can be found on the [Celebration of Excellence and Achievement Among Women website](#).

This important event recognizes outstanding scholarship, research, service, leadership, and activism among undergraduate, graduate, staff, and faculty women at the University of Iowa.

# Mental Health

## CHAMPION AWARD

**Nominate a student, staff, or faculty member  
by Friday, February 14.**

We all know someone who goes above and beyond to support mental health on campus. Now is your chance to recognize their incredible work! The Higher Education team of the [Scanlan Center for School Mental Health](#) is proud to announce the 3rd annual “[University of Iowa Mental Health Champion Award](#).”

The Mental Health Champion Award recognizes students, staff, faculty members, or groups for cultivating an environment that values and recognizes mental health and the importance it holds in the well-being of each of our lives.

Do you know someone who:

- Makes significant and sustainable contributions to campus mental health?
- Attends to their own mental health?
- Centers diversity, access, and opportunity in all aspects of their contributions?
- Improves access to and awareness of mental health resources on campus?

Then, [nominate them for the Mental Health Champion Award!](#)