

IOWA

Recreational Services

Recreational Services

Mallory Valentine, Associate Director of Strategic Initiatives

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About

- Mission
 - Provide recreational experiences that encourage active lifestyles
- Impact
 - Over 1.4 million visits to our buildings, programs, and services



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Recreational Services

Memberships

Membership Access

Membership Categories

UI Student

UI Student – Not Enrolled/Student No Fee/2+2 Student

Faculty/Staff

Retiree/Affiliate

Alumni

Community

Membership Access

Faculty/Staff Membership Categories	Yearly	Monthly*	Incentive Program**
UI Faculty/Staff	\$492	\$41	\$20.50/Month
UI Faculty/Staff Spouse/Domestic Partner	\$492	\$41	
UI Faculty/Staff Dependent (Ages 4-18)	\$168	\$14	
UI Faculty/Staff Dependent (Ages 0-3)	Free	Free	

**Perpetual payroll deduction rates are equal to the monthly membership rates listed above.*

***Faculty/Staff need to meet the qualifications to receive the \$20.50 credit for the Incentive Program.*



Recreation Membership Incentive Program

- Active faculty/staff in 50 percent or greater regular positions (UI Hospitals and Clinics house staff and postdoctoral research scholars are included).
- **Complete the PHA every calendar year in January.** To complete your [Personal Health Assessment](#) or to check on when you last completed it, visit [Employee Self Service](#).
- Utilize campus recreation facilities or attend virtual fitness classes at least four times per month.

Facilities

Facilities



Campus Recreation & Wellness Center

- Cardio/strength equipment
- Basketball courts
- Indoor track
- Climbing Wall
- Group fitness studios
- Swimming pools



Field House

- Cardio/strength equipment
- Basketball courts
- Indoor track
- Group fitness studios
- Racquetball courts



Fitness East

- Cardio/strength equipment
- Less crowded option



Hawkeye Tennis and Recreation Complex

- Cardio/strength equipment
- 8 indoor and 12 outdoor tennis courts
- 2 indoor turf fields

Offerings

Offerings



Adventure Recreation

- Adventure Trips
- Challenge Course
- Climbing Wall
- Lifetime Leisure Skills Classes
- Outdoor Rental Center



Aquatics

- Open lap swim and recreational swimming
- Swim lessons
- American Red Cross certification courses
- Iowa Flyers Swim Club



Fitness

- Group Fitness
- Specialized Group Training
- Private Group Fitness
- Personal Training

Offerings



Rowing

- Learn to Rows and camps
- Rowing Programs
 - Novice Rowing
 - Recreational Rowing
 - Advanced Rowing
 - Junior Rowing



Sport Programs

- Intramural Sports
- Sport Clubs
- Golf League
- Hustling Hawkeyes Youth Camp



Tennis & Pickleball

- Open play (indoor, outdoor, pickleball)
- Class, camps, leagues, clinics
- Private lessons

Recreational Services Overview, Mallory Valentine

1. Does Recreational Services offer any programs or benefits designed specifically for remote employees or those who work at satellite campuses, such as virtual fitness classes or online wellness programming that can be accessed through a Rec Center membership?
2. If these options are limited, are there plans to expand virtual or remote-friendly offerings in the future?
3. Do you have data on how many staff and faculty currently take advantage of Recreational Services memberships or programs?
4. In reviewing the membership benefits, it appears that faculty and staff must use their membership at least four times per month to maintain the discounted rate and participate in the LiveWell program at least once per year. What is the reason for these specific requirements, and why do they apply to faculty and staff but not to other membership groups?

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Recreational Services

Questions?

→ recserv.uiowa.edu

Mallory Valentine

319-335-6218

Mallory-valentine@uiowa.edu