ALCOHOL HARM REDUCTION PLAN
DRAFT – 2019-2022
Alcohol Harm Reduction Plan

Components of the Plan

- Developed by committee of faculty, staff, and students
- Driven by data and research to guide decisions
- Recognizes this is not just a student problem
- Comprehensive approach with wide range of strategies
- Continuous 3 year plan
Metrics of AHR Plan

HIGH RISK DRINKING
5+ DRINKS IN ONE OCCASION IN LAST 2 WEEKS

AHR Plan Metric

2007: 70.3%
2019: 49.6%
Target: 49%
Metrics of AHR Plan

AVERAGE NUMBER OF DRINKS

2009: 7.4
2011: 6.0
2012: 5.8
2013: 5.6
2014: 5.4
2015: 5.2
2016: 5.0
2017: 4.8
2018: 4.6

2019 Target: 4.0

AHR Plan Metric
ALCOHOL USE IN LAST 30 DAYS

- Any Use: 85.2%
- 10+ Days of Use: 74.8%

2019 Target: 20%

AHR Plan Metric

High Risk Demographic

FRATERNITY & SORORITY MEMBERS

High Risk Drinking in Last 2 Weeks

- FSL
- Non FSL

- 82.1% in 2009
- 69.0% in 2011
- 70.2% in 2018

- 43.4%
1. Goal changes:
   - Goal 1: Increase perception of the UI as dedicated to promoting well-being and safety as values to prospective students and families (Attract more low-risk drinkers/abstainers and fewer high-risk drinkers to UI)
   - Goal 4: (Emphasize or Promote or Foster) a culture of care, integrity and compliance (Expect greater accountability for upholding community expectations)

2. New Initiatives:
   - Graduate/Professional NCHA data collection & identify programming needs
   - Develop and disseminate a clear process for identifying high-risk drinkers and targeting interactions for faculty/staff.
   - Explore ways to involve faculty/staff, such as mentoring
   - Expand evidence-based interventions with FSL members at all years.
   - Explore hazing prevention practices
   - Expand FSL scorecard initiative as a pilot to other student organizations and activities (e.g. Intramurals, CAB, Scope, DM, Marching Band, UISG)
   - Polydrug use as a metric & address in early intervention/educational efforts

3. Other changes:
   - Athletics donated for expanded LNP
   - Graduate Iowa City – donated and will partner for LNP
   - FSL – will have a reporting structure to AHR
Questions or Comments:

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